

# Consent – An Introduction

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[www.consentmattersireland.ie](http://www.consentmattersireland.ie)



# What, Who, Why

## What are we?

CMI – An organisation that seeks to educate and inform on the topic of Consent

## Who are we?

Gráinne Carr

Sarah Sproule

Beth Wallace

## Why are we doing this?



# Consent – What is it?

- Has multiple applications – relevant in all types of relating
- Consent is an agreement between two or more people that is useful, appropriate and/or liked by all.
- To get to a place where consent is fully given, it is essential to respect yourself and your ability to make the right decisions for you, and also respect others and their right to decide what's best for them too. Being aware of your own and other's boundaries.



# Boundaries

- To be clear on where Consent lies it's important to be aware of personal boundaries
- Boundaries:
  - Rules/Limits/Guidelines referring to acceptable behaviour
  - Specific to individuals
  - Societal standards – Laws/Regulations/Etiquette
  - Natural Boundary - Skin



# Situations where giving/receiving Consent is appropriate

Relationships:

Child and Child

Parent and Child

Adult and Child

Teenager and Teenager

Adult and Teenager

Adult and Adult



# Consent – as simple as a cup of tea?



OR.....

<https://www.youtube.com/watch?v=fGoWLWS4-kU>



# When are we not in consent as Adults?

- Other Family Members – Spouse/Partner, Parents, Siblings, In-Laws
- Friends
- Work Colleagues
- Society
- Government
- With our Children!



# How can we support you?

- Keeping Kids Safe & Happy - November 26<sup>th</sup> , NPCPP, Santry
- Supporting Parents teaching their children at home
- Supporting Teachers educating at school
- Online Supports
  - YouTube – Consent Matters Ireland
  - Consent Matters Ireland online training – coming Q1 2017





# Contact Us

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- **YouTube:** **Consent Matters Ireland**  
<https://www.youtube.com/channel/UCHSS7C80zeJNEGex4ZAjQZw>

